

# Beardstown Schools

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Mar - 16  SNOW DAY	Mar - 17  GRILLED CHEESE COOKED CARROTS CAULIFLOWER CUP APPLE SLICES GOLDFISH CRACKERS & MILK	Mar - 18  TACO MEAT LETTUCE & CHEESE BLACK BEAN SALSA NACHO CHIPS APPLE CRISPS & MILK	Mar - 19  CHICKEN TENDER FRIES BABY CARROTS MIXED FRUIT & MILK	Mar - 20  NO SCHOOL

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.